



ESSENTIAL OIL RECIPES

A variety of recipes to support different conditions can be found below. Prior to using essential oils with your pet please make sure that you have read the leaflet on Essential Oil Safety first. If you would like a custom blend made up for your pet then get in touch – prices for a 30ml bottle start at \$40 but will depend on the oils required by your pet.

RECIPES FOR DIFFUSION

For each blend use 1 drop of each oil in a standard size water diffuser and follow the guidance in the safety leaflet.

Calming Blends

1. Lavender, Bergamot, Ylang ylang
2. Vetiver, Lavender, Geranium
3. Roman Chamomile, Orange, Ylang ylang

Pain blends

1. Copaiba, Helichrysum, Frankincense
2. Peppermint, Copaiba, Marjoram
3. Black Spruce, Vetiver, Copaiba

Digestive Blends

1. Fennel, Ginger, Peppermint *not for use in dogs with seizures*
2. Tarragon, Ginger, Peppermint
3. Copaiba, Ginger, Peppermint

Hormone Supporting Blends

1. Marjoram, Clary Sage, Orange – for the ladies!
2. Spearmint, Geranium, Nutmeg – general hormonal conditions

Emotional Cleansing Blends

1. Geranium, Lemon, Ylang ylang
2. Frankincense, Black Spruce, Spikenard
3. Rose, Melissa, Frankincense

Respiratory Blends

1. Eucalyptus, Black Spruce, Copaiba
2. Marjoram, Lemon, Eucalyptus
3. Rosemary, Lemon, Eucalyptus

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Skin Blends

1. Lavender, Copaiba, Frankincense
2. Lavender, Myrrh, Palmarosa
3. Helichrysum, Myrrh, Palmarosa

Cancer Blends

1. Frankincense, Cypress, Copaiba
2. Black Spruce, Copaiba, Tangerine
3. Tangerine, Frankincense, Copaiba

MASSAGE BLENDS

When using diluted oils on your animal's skin, please ensure that you test a small amount on their skin first and leave for 24 hours to check for skin sensitivity or any adverse reactions. Should these occur the area should be wiped with fractionated coconut oil to remove as much of the essential oil as possible.

GENERAL BODY SUPPORT BLEND FOR DOGS

Add the following Essential Oils to a glass bottle containing 30ml of Fractionated Coconut Oil and gently invert several times to mix. Place either a dropper or spray lid and label with the blend name and the date.

- 4 drops Lavender
- 4 drops Copaiba
- 4 drops Peppermint
- 4 drops Helichrysum
- 4 drops Marjoram
- 4 drops Cypress
- 4 drops Black Spruce
- 4 drops Lemongrass
- 4 drops Vetiver

QUICK BLENDS

For all the recipes below you will need to dilute the oils into a dropper, roller or spray bottle containing 10ml (2tsp) of fractionated coconut oil.

Calming Blend – 1 drop Lavender, 1 drop Vetiver, 1 drop Geranium

Sore tummy Blend – 1 drop Ginger, 1 drop Peppermint, 1 drop Lavender

Pain Blend – 1 drop Vetiver, 1 drop Copaiba, 1 drop Black Spruce

Skin Blend – 1 drop Lavender, 1 drop Helichrysum, 1 drop Frankincense

Cancer Blend – 1 drop Frankincense, 1 drop Helichrysum, 1 drop Lavender

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