



## NATURAL PARASITE MANAGEMENT FOR DOGS

Parasite	Testing	Natural Repellent	Environmental Management
<b>Ticks</b>	<p>Daily careful inspection of your pet after they come back indoors</p> <p>Regular blood testing for Tick borne diseases in at risk areas e.g. <i>Ehrlichia canis</i> in the NT – this is a new and nasty disease that can be fatal.</p>	<p>Use Essential Oil or herbal repellent sprays on your dog's coat prior to going outdoors</p> <p>Use a natural flea/tick collar impregnated with essential oils</p> <p>NOTE: the paralysis tick can be rapidly fatal in dogs and therefore if you find one on your dog it is advisable to go straight to your nearest emergency animal hospital. Do not attempt to use essential oils, a flame or any other method of removal of the tick other than simply grasping the base with forceps and pulling straight.</p>	<p>Keep grass short</p> <p>Remove piles of plant material and leaf litter</p> <p>Plant insect repellent plants e.g. citronella, lemongrass</p> <p>Use cedar mulch on flower beds</p> <p>Avoid taking your dog on bush walks or known tick areas during the tick season</p>
<b>Heartworm</b>	<p>Regular blood testing – every 4 -12 months depending on your state/climate. Your vet can easily arrange this for you.</p>	<p>Use Essential Oil or herbal insect repellent sprays on your dog's coat prior to going outdoors. Ensure you choose an animal safe formula or commercial product.</p> <p><i>Example commercial product – McDowell's Herbal Midge and Mosquito Spray</i></p> <p>NOTE: whilst many herbal remedies and essential oils are anecdotally useful for heartworm there are none that have good evidence of fully preventing the disease if an animal is infected. If you live in an area where there is significant heartworm then you should consider chemical therapy at least during the mosquito season OR test every 4 months for heartworm.</p>	<p>Reduce standing water</p> <p>Remove leaf litter</p> <p>Sprinkle diatomaceous earth (food grade only) outdoors around the home</p> <p>Plant insect repellent plants e.g. citronella, lemongrass</p> <p>Use cedar mulch on flower beds</p> <p>Place Mosquito Traps around the home and outdoors</p>
<b>Intestinal Worms – roundworm &amp; tapeworm</b>	<p>Regular faecal samples – every 6-12 months depending on dog's habits &amp; state. Your vet can easily arrange this for you.</p>	<p>Garlic – ¼ clove per 5kg body weight daily in food</p> <p>Pumpkin Seeds in food (crushed) – 1 tsp per 5kg bodyweight daily</p> <p>Grated carrot, Fennel, Greens – 1tsp per 5kg body weight in food</p> <p>Diatomaceous Earth (Food grade only!) – 1 tsp daily mixed well into food to prevent inhalation (less good for tapeworm)</p> <p>Black cumin seed – heat first then give 1/2 to 1 tsp per day mixed in food</p>	<p>Pick up faeces regularly</p> <p>If feeding raw take care to use human grade meats which will have been inspected for signs of tapeworms</p> <p>Manage fleas – they carry tapeworm!</p> <p>Avoid letting your dog eat sheep faeces – these can carry tapeworm</p>
<b>Fleas</b>	<p>Regular grooming and inspection of your pet</p> <p>Wet paper test – dampen a piece of kitchen towel, brush your dog and wipe the comb onto the wet paper. Flea faeces can be seen as brown specks that gradually turn red as they dissolve in the water.</p>	<p>Bathing – useful if you know your dog has fleas, just be sure to use a gentle shampoo or castile soap! Adding 2-3 drops of pure lavender essential oil to the shampoo can help repel fleas moving forward.</p> <p>Use Essential Oil or herbal repellent sprays on your dog's coat daily. See the website for recipes or try a commercial version.</p> <p>Garlic – ¼ clove per 5kg body weight daily in food is safe and will also help boost the immune system. Crush the garlic at least 15 mins before feeding for best effect.</p>	<p>Essential Oil Flea Bomb Diffuser recipe for affected rooms</p> <p>Regular vacuuming and steam cleaning of soft furnishings</p> <p>Regular washing of all bedding</p> <p>Diatomaceous Earth (Food Grade) sprinkled on floors and furnishings, left for a few hours and then vacuumed up.</p> <p>Outdoors keep grass short, use cedar mulch and plant insect repellent plants near the home.</p>

\*Please note that essential oils can be toxic if not used correctly with animals. Consult a veterinarian for help in using your oils or use a commercial available product\*

Dr Alison Kemp MA VetMB MRCVS MCIVT

Web: [www.redlandsnaturalanimalcare.com](http://www.redlandsnaturalanimalcare.com) Phone: 0400047439 Email: [info@redlandsnaturalanimalcare.com](mailto:info@redlandsnaturalanimalcare.com)